



Leadership Training + Personal Development Coaching

Professional Development Coaching is a powerful combination of Leadership Training and Personal Development Coaching. Your life is not a collection of silos. You want to move fluidly between social obligations, work commitments and family time and feel accomplished in all these areas. As you live life, each moment requires the use of different skills and abilities. Professional Development Coaching focuses on elevating your effectiveness as a Leader while maintaining a dynamic balance in all aspects of your life.

The Coaching Relationship

The main emphasis in this coaching program is the constructive collaboration between you and your coach. The relationship begins with your coach working with you and your organization to create a coaching program that meets your objectives. Through assessments you gain valuable insight into what critical skills and behaviours are needed to drive business results. Key areas that will improve the quality of your leadership and deliver on organizational strategy are identified and developed. Your coach assists you in developing a comprehensive action plan and works with you to apply your plan to your business issues.

Sustainable Results:

- ❖ *Learn new tools for achieving results and accelerating your development*
- ❖ *Gain a competitive edge for yourself and your business*
- ❖ *Stretch your talents and learn new skills to apply on the job in real time*
- ❖ *Accelerate your development by getting a balance of Leadership and Personal coaching that's just right for you*
- ❖ *Receive clear, candid feedback that will deepen your personal resources and strengthen your leadership impact*
- ❖ *Emerge from the coaching relationship not just a better leader but a more balanced and dynamic person*

Leadership Awareness Coaching (1 - 3 months)

An intensive program designed for professional staff, supervisors and managers. All learning that involves managing, leading or inspiring people requires building awareness. This coaching program combines growth in personal awareness with skills enhancement and building leadership awareness.

Leadership Development Coaching (4 - 8 months)

This program is designed for leaders looking for accelerated development and long-term, sustainable results. This includes extensive feedback, planning, assessment and ongoing coaching support. The goal is to achieve high level personal and leadership effectiveness so you can drive business results.

Leadership Excellence Coaching (whatever it takes)

This 'whatever it takes' program is for senior leaders – c-suite, partners, business unit executives – who still want to experience real and sustainable change in both personal and leadership development. This program is customized to the unique needs of the leader. It provides a confidential resource that leaders can depend on as they focus on their development.

Constructive Collaboration

This coaching program emphasises constructive collaboration between you and your coach.

Valuable Insights

Through assessments you gain valuable insight into critical skills and behaviours needed to drive business results.

Quality Leadership

Key areas that will improve leadership quality and deliver on organizational strategy are identified and developed.